

Best practice 1 1.

Title of the Practice

ENVIRO AWARENESS

2. Goal .

To increase environmental awareness among students, staff of the college and among population in the vicinity of the college. ? To minimize the environmental pollution in and around college campus. ? To use renewable energy resource particularly solar energy. ? To study and maintain biodiversity of the campus. ? To support and implement Swatch Bharat Abhiyan?.

3. The Context

Environmental Awareness essentially serves as an educational tool, helping people around the world understand the economic, aesthetic and biological importance of preserving resources and reducing or eliminating the harmful impacts of manmade alterations. Environment awareness or education helps our students and the people understand the consequences of human activities on various places and identifies remedial solutions.

4. The Practice

In an attempt to create awareness on nurturing the environment among the students, the Enviro club decided to implement few practices inside the College with the guidance of staff.

5. Evidence of success .

Our college is ecofriendly due to students' active participation in keeping the campus clean and green. ? Our campus a plastic free zone. ? Our campus is smoke free zone ? Our campus is a green campus as many trees have been planted and nurtured properly. ? Solar lamps have installed and maintained regularly ? Energy consumption due to solar energy ? Electricity failure will not affect the availability of light during the period of power cut

6. Problems encountered and Resources Required

These activities have been initiated based on the available funds and those could be further enhanced upon receiving more funds for the same.

Best practice 2 1.

Title of the Practice

Physical education and Physical Fitness

2. Goal.

To increase awareness among students of the college about the importance of physical education and physical fitness on par with academic education. ? To encourage a healthy and active lifestyle throughout their college life and even after ? To nurture sportsmanship in all aspects of competition ? To widen each student's sporting experience and enjoyment ? To create a passion for active recreation and sport ? To assist students in reaching their physical potential in a variety of sporting environments.

3. The Context

Physical and mental fitness play a vital role in everyone's life. Students who are both physically and mentally fit are less prone to medical conditions and excel in all activities including academics. A person who is fit is capable of living life to its fullest extent. In an era where modern gadgets and its inevitability are thriving into the lives of everyone, physical activities have no place in anyone's life nowadays. This addiction has definitely brought an adverse effect on the body and mind of the people. Hence it is high time that the colleges take initiative to bring awareness on physical education and physical fitness which our college does.

4. The Practice

Our college takes all kinds of initiatives to promote physical fitness through various sports activities conducted in our college. Students of our college are encouraged to participate in the events which are conducted in other colleges as well. Many students have brought laurels to our college through their sports activity and their involvement in it. Our college has produced many University, State, and National level players. In general all the students of our college are encouraged to play sports and games whenever they have time and special events are conducted to encourage our students.

5. Evidence of success

The evidence of success is visible, qualitatively as well as quantitatively. The qualitative indicators are a more positive outlook towards life, improvement in etiquettes and desire to understand things rather than learning by rote. The quantitative indicators for learners who actively participate in curricular activities are that they show improvement in academic performance. Students who have passed out have done extremely well in the corporate world. Some students have put their learning into application by starting their own businesses. The results bring some prominent factors to light. Some of the factors are that students when shown the right direction and given the right encouragement can achieve the goals they desire. Holistic development rather than only academic success contributes in creating socially sensitive individuals which is a prominent requirement of educational institute.

6. Problems encountered and Resources Required

Lack of enthusiasm among the students due to various reasons is the main problem, one being modern gadget addiction. With more support and more funds, this area could be improved more.